

October
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BABELL ZION NEWYDD



For the fruits of his Creation
thanks be to God.

Am gael cynhaeaf yn ei bryd
dyrchafwn foliant byw.

Y Pumed Sul/ United 5th Sunday service at Soar Pontyberem

Cawsom Fore o Fawl yn Soar y tro hwn. Cymerodd Paige, Noa a Sara ran yn y gwasanaeth gan arwain y gynulleidfa mewn nifer o symudiadau yn yr emynau cyfoes. Edrychwn ymlaen nawr at y gwasanaeth Diolchgarwch pan fydd cyfle eto iddynt gymryd rhan.



opportunity for them to take part.

The Sunday Club

We are looking at the stories of Abraham, Isaac and Jacob during this half term which also coincides with the Open the Book themes at the school. Thank you to Sara's mother Carys for helping out on one of our Sundays and thank you all once again for your continuing support to the Sunday Club. Our best wishes also to Leia and Ellie Mae as they embark on their secondary education at QE High.



Another marathon!

Congratulations to Liz Amery on yet another marathon and this time at Loch Ness. You're putting us all to shame Liz! Well done!

Singalong Tuesdays

We welcomed Natasha, Zohra's successor, from Towy Castle on Tuesday October 1st to the singalong together with Angela, Jan and Menna. Thank you as always to the helpers and for the wonderful singing!

Through the Old Testament with Pat: Monday 5th and 19th of October

Pat has chosen to look at the Creation stories and the Prophet Elijah during the last two sessions which she makes so interesting having read the different theological discussions and artists' impressions on these subjects. Please join us at 1 o'clock on the above dates. You'll be in for a treat.



Rosemary writes

A few months ago Helen was asking about favourite hymns and 'What a friend we have in Jesus' was one of them. Not long after, I went back to Northern Ireland to meet my sister-in-law and we stayed with a cousin who lives in County Down. One day as we were driving through Banbridge, a town about 28 miles southwest of Belfast, we saw a statue.



When I asked who it was I was told Joseph Scriven so I asked if we could stop as he was the writer of the well known hymn. The statue was erected as part of the Bicentenary celebrations from 8th -15th of September 2019. There was also a special edition of the BBC's Songs of Praise in March 2019 featuring the Scriven story.

Joseph Scriven led a tragic life. He was known as a hard working generous man. He graduated from Trinity College Dublin at the age of 24. In 1843 he had plans to get married but the night before his wedding tragedy struck when his fiancée accidentally drowned. A year later, aged 25, Scriven who emigrated to Canada returned to Ireland, joined the Royal Dragoons and spent time in the Middle East before finally setting in Ontario, Canada where he found love again with a woman named Catherine Roche. They were engaged to be married but in 1860 a few weeks before the wedding Miss Roche died after contracting pneumonia after a baptism ceremony in icy waters. A few years later Scriven heard that his mother was sick but he didn't have the means necessary to make the trip back home to care for her so he wrote her a letter containing the words: "What a friend we have in Jesus, all our sins and griefs to bear," which led to the famous hymn. Scriven died in August 1886 at the age of 66. There are conflicting reports about his death. Some say he died of natural causes while others believe he took his own life in a fit of melancholia. However, they all agree as to his humility and kindness that ruled his days even in the most tragic of circumstances. He is buried next to his second fiancée in Port Hope Ontario.

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A prayer for a broken world /Gweddi dros fyd drylliedig

O Dduw, gweddiwn dros y rhai sy'n talu pris ffolineb dynol- y rhai sy'n dioddef erchylltra rhyfel a thrais, trosedd a chreulondeb. Ymestyn allan mewn trugaredd a meddala galonau arweinyddion balch ein byd. Tyred eto i'n byd trwy dy Fab Iesu Grist a iacha ein briwiau. Amen.

O Lord God, we pray for those who are paying the price for human foolishness - those who are suffering the horrors of war and violence, crimes and cruelty. Reach out in your mercy. Come again into this world through your Son Jesus Christ and heal our pains. Amen.

Psalm 23- a meditation on the words, "lying down in green pastures."

The Lord is my Shepherd, I shall not want. **He maketh me to lie down in green pastures:** He leadeth me beside the still waters. He restoreth my soul; He leadeth me in the paths of righteousness for His name's sake. Yea though I walk through the valley of the shadow of death I will fear no evil: for thou art with me, thy rod and thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies; Thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life and I will dwell in the House of the Lord forever.

Yr Arglwydd yw fy mugail, ni bydd eisiau arnaf. **Efe a wna imi orwedd mewn porfeydd gwelltog;** Efe a'm tywys gerllaw y dyfroedd tawel dyfroedd. Efe a ddychwel fy enaid; Efe a'm harwain ar hyd llwybrau cyflawnder er mwyn ei enw. Ie, pe rhodiwn ar hyd glyn cysod angau, nid ofnaf niwed; canys yr wyt ti gyda mi; dy wialen a'th ffon a'm cysurant. Ti a arlwyi ford ger fy mron yng ngwydd fy ngwrthwynebwyr. Iraist fy mhen ag olew, fy ffiol sydd lawn. Daioni a thrugaredd, yn ddiau, a'm canlynant holl ddyddiau fy mywyd a thrigaf yn nhŷ'r Arglwydd yn dragwydd.

Psalm 23 speaks of 'lying down in green pastures.' The psalmist writes in the first person- it's all 'me' and 'I' -but we all know that sheep are herd animals. He isn't alone.

In the Bible, where people are described as 'sitting', it's almost always an introduction to an encounter. People sit by a well, or under a tree, and someone- another person, or an angel- comes and talks to them. One of the issues in our society today is loneliness. Many of us live quite isolated lives. We have highspeed broadband giving access to all the information we need. We have services streaming endless entertainment into our living rooms. We don't even have to go to the shops: we can order anything we want online.

There are lots of positives about this new world- and lots of negatives too. One of them is that we don't sit down with people and talk face-to-face. Human interaction is being replaced by electronic interaction.



In that light, a simple bench can be a powerful symbol. It says, "Sit with me and let's talk."

Bible Society

BIBLE MUSTS Answers July's newsletter
Bible references containing **MUST** or its equivalent.

1. Luke 2:49: I had to be in my Father's house.
2. 1 Cor 15:25 For Christ must rule until God defeats all enemies.
3. Mark 13:10 But before the end comes, the gospel must be preached.
4. John 10:16 There are other sheep which belong to me that are not in this sheepfold. I must bring them too.
5. 2 Tim 2: 24 The Lord's servant must not quarrel.
6. 1 Tim 3:2 A church leader must be without fault.
7. 2 Cor 5:10 For all of us must appear before Christ, to be judged by him
8. Acts 16: 30 "What must I do to be saved?"
9. Rev 4: 1 "I will show you what must happen after this".
10. Heb 11:6 For whoever comes to God must have faith that God exists and rewards those who seek him.
11. Mark 8:31 The Son of Man must suffer much and be rejected by the elders, the chief priests and the teachers of the Law
12. John 4:4 He must go through Samaria.
13. John 3: 7 You must all be born again.
14. 1 Tim 3:8: Church helpers must also have a good character and be sincere.

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A Recipe for Orange Teabread

Ingredients

8oz Sultanas
8oz Currants
8oz Brown sugar
Grated rind of orange
1lb self-raising flour
4 tbs of milk

Heat oven to 180 degrees [160 for fan oven]

Grease and line cake tin

Method: Soak all fruit and sugar mixture overnight in $\frac{1}{2}$ pint warm tea. Add flour and milk to fruit mixture. Beat well and spoon into 2 1lb tins. Leave a space for the cakes to rise. Bake in oven until firm to the touch. [about 1 and half hours].

Have you ever wondered why the **lb** for the pound abbreviation?

Well..... libra pondo is the Latin for 'a pound by weight.' Pound comes from the word pondo but the lb comes from libra meaning weight.

Cofio Geraint Rees

Gyda thristwch clywsom am farwolaeth Geraint Rees Caeralaw. Roedd Geraint yn ffrind da i'r Babell yn enwedig yn y dyddiau cynnar hynny pan oedd côr gyda ni yn canu o amgylch cartrefi preswyl yr ardal ac yn cynnal marathon organ i godi arian ar gyfer yr adeilad. Roedd hefyd yn gyfeilydd yn Eisteddfod Capel Dewi yn flynyddol ac fe fyddai i yn gweld ei eisiau yn fawr. Cynhaliwyd yr angladd yng Nghapel Heol Awst ar Orffennaf 13eg gydag oedfa breifat yn Rama, y capel oedd mor agos at ei galon. Pan farw fy nghefnoder Huw yn ifanc yn 1993 cyfansoddodd Geraint emyn-dôn i eiriau gan J Eirian Davies ac fe ganodd pedwarawd ohonom yr emyn yn yr angladd. Coffa da amdano.



It was with sadness that we learnt of the passing of Geraint Rees. Geraint was a dear friend of Babell especially during the early years of Organ marathons and our singing in residential homes. He was the accompanist at the annual eisteddfod in Capel Dewi and I for one shall miss him immensely. His funeral was held at Capel Heol Awst followed by a private service at his beloved Rama. When my cousin Huw passed away in 1993 at the age of 43 Geraint composed a hymn tune to words written especially by Rev J Eirian Davies. It was an honour to sing this hymn at the service with Emry Jones, Gwynedd Parry and my niece Heledd Evans. HG

Y CWTCH, BOLAHAUL ROAD, CWMFFRWD, CARMARTHEN, SA312LW
DEAR FRIENDS

EVER BROADENING HORIZONS

I am in the process of compiling a book of poems – old and new – which I have written over a period of fifty or more years. Each poem is introduced by a meditation / reflection of varying length.

The poems are of a religious nature and readers tell me that they have found them an aid to personal thought. They have been used, frequently in worship services and some have found useful sermon / discussion material in them. The verse covers aspects of Jesus life – Background / Birth / Ministry / Death / Resurrection.

There are also poems on the subject of doubt which I see as a friend of faith. The content displays a questioning approach to faith and some might find it controversial. Please feel no pressure to purchase.

I self-publish and printing costs these days are somewhat expensive. I would imagine that I will need to ask £30 for the book with profits, over and above costs going to charitable causes. I would hope, on this occasion, to give books free of charge to folk who might find the content helpful but who are of limited means. Help as always is greatly appreciated.

My very best wishes Mike Shephard



A huge thank you for all contributions made before and during the Macmillan Coffee Morning which raised a handsome sum of £1388.96. Many thanks also to the Mayor Mr Emlyn Schiavone for the kind donation of £100. Roedd hi'n dda gweld y gymuned yn dod at ei gilydd ar gyfer achos mor arbennig. Diolch yn enwedig i Tina, gyda chymorth Nan, am ei gwaith caled ac am gydlynur cyfan.



Sunday Services/Gwasanaethau ar y Sul

Mr Stephen Evans	10am	6/10/2024
Harvest Thanksgiving/Gwasanaeth Diolchgarwch	10am	13/10/2024
The Minister: Family Service		
Rev Dr Mary Thorley.	10am	20/10/2024
Afternoon Service with Minister Emrys	2pm	27/10/2024
Mr Dafydd Evans Meidrim	10am	3/11/2024

Flowers/ Blodau		Cleaning/Glanhau	Announcing and Communion Cyhoeddi a Pharatoi'r Cymun
Carole Rees	Hydref/ October	Owen and Kim	Lynn Davies
Nelda Davies	Tachwedd/ November	Gwyn and Helen	Carole Rees
Nan Thomas	Rhagfyr/ December	Sian, Carole and Meurig	Helen Gibbon

Singalong Tuesdays:

Hydref/October 15th : Plasydderwen
 Tachwedd/November 5th: Babell Zion Newydd
 Tachwedd/November 19th : Towy Castle
 Rhagfyr/December 3rd : Babell Zion Newydd
 Canu Carolau yn ystod y mis

Bible Study: October 5th and 19th at 1pm

Dates for the Diary

Nos Lun 7fed Hydref o'r gloch: Cwrdd Dosbarth yng Nghapel Bancyfelin
 Nos Fawrth Hydref/Tuesday October 29th: Elders' Meeting at 10 am
 Saturday 30th of November: Christmas Fayre
 December 8th at 10 am: Christmas Community Service

Friendship Centre Rota

3/10/2024	Helen and Sian
10/10/2024	Maisie and Rosemary
17/10/2024	Pat and Carole
24/10/2024	Tina, Nan and Kevin
31/10/2024	Helen and Sian